



# EQUINE ASSISTED TEAM BUILDING SESSIONS FIRST RESPONDERS SESSIONS

EMPLOYERS AND INDIVIDUALS

EBONY HORSEWOMEN EQUESTRIAN & AGRICULTURAL CENTER - 337 VINE STREET, HARTFORD, CT 06112

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## Real World Challenges



Groups will tackle real world challenges occurring within the work place, or simply focus on giving the group a fun and different training experience, all based on the needs of the team.

### THE TEAM



The EHI team includes;  
3 - Connecticut Licensed Clinical Social Workers (LCSW), one of whom is a Registered Therapeutic Riding Instructor,  
2 - Connecticut Master level Social Workers (MSW) and  
1 - Certified Nurse.

**SESSIONS ARE HELD AT THE EBONY HORSEWOMEN EQUESTRIAN & AGRICULTURAL CENTER BY SCHEDULE ONLY, MONDAY – FRIDAY. CALL OR EMAIL FOR GROUP OR INDIVIDUAL APPOINTMENTS**



## FIRST RESPONDER WORKSHOPS

"First responders and high stress positions such as teachers, police, firefighters, emergency medical technicians, nurses, correction officers and dispatchers all face daily high stress situations.

**Responders who fail to respond to their own danger signs of stress do so at their own peril"**

*The goal of equine therapy is to help the participant or develop strength needed skills and attributes needed for stressful occupations*